

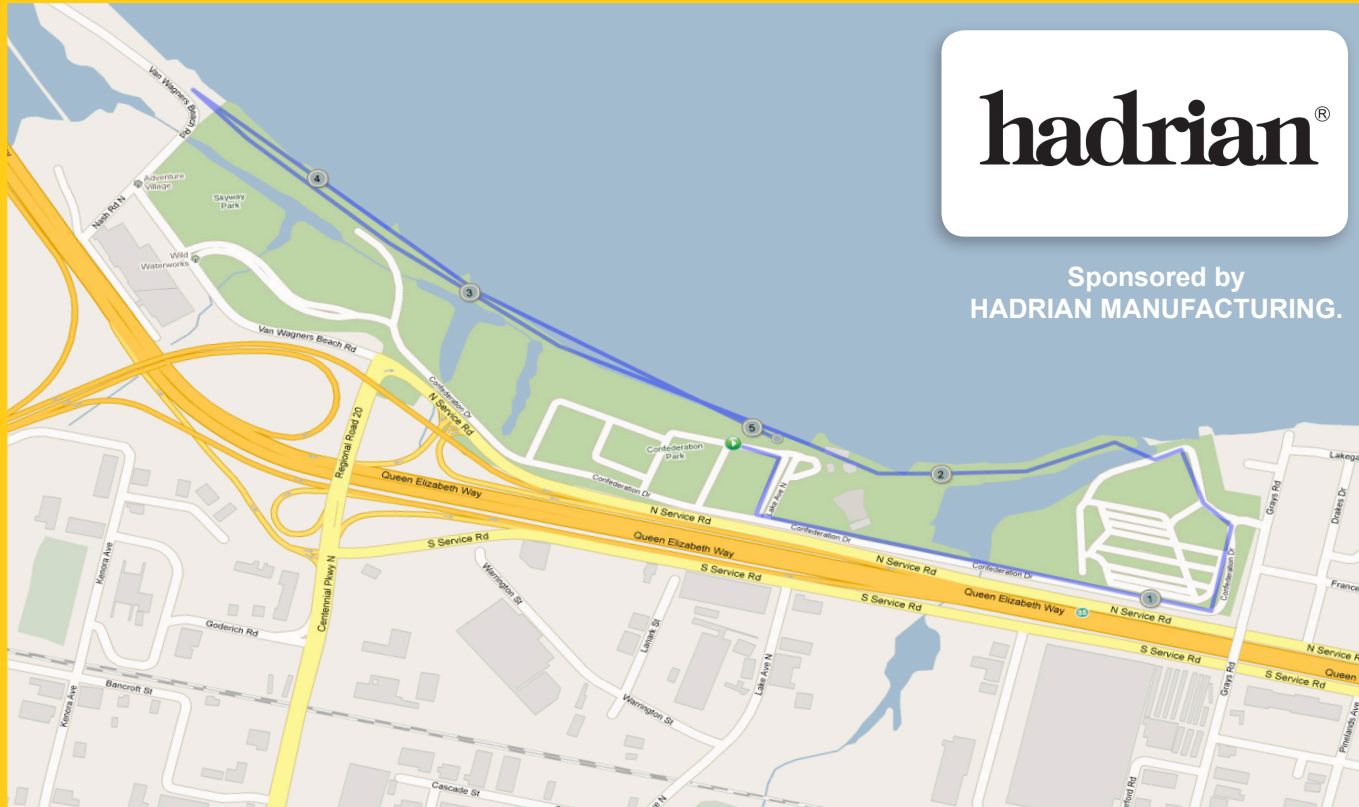
HAMILTON



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GLOBAL

COURSE MAP 10K RUN/WALK



THE 10K RUN/WALK IS A BEAUTIFUL COURSE

The 10k Run/Walk course is in Confederation Park along the beautiful waterfront trail, and the service road. The route is flat and fast! The 10k route is a **double loop** of the same route as the 5k course. Free entry to the park for all registered runners and spectators.

Zoom in for more detail.